

TAIL TALK

SPLASHING TAILS BENEFITS

The bouyancy of the water helps reduce stress on the joints, allows freer movement that can help with stretching, and it is a safe place for exercising. Water can be both stimulating as well as relaxing and can affect all systems of the body on a physical level.

Due to the increased resistance to movement in the

water, a five minute swim can be equivalent to about a five mile run.

Not only will your dog get to swim and have fun in the water, but they will also learn body awareness, balance, coordination, and get a good health and fitness with toning of their muscles as well.

Dogs that may have paralysis, arthritis, injuries, or other mobility issues will most definitely benefit from a swim in our water.

Puppy Tails

Every Monday for the month of February, we will hold a two hour puppy play session with activities to encourage a healthy socialization.

Bring your puppy in for this play group or for his regular day care and sign him up to join the fun designed for our younger friends. Call for more information.



Schedule Your Dog's Swim Assessment Today!

\$40

Appointments for Feb. 15, 22 & 29 are now being taken

All dogs that would like to participate in our Pool Days and swim times MUST attend a Swim assessment.

Upcoming Services

- *Group Swim
- * Individual Swim
- * Aqua Therapy

Proper Tails Dog Training hosted by



www.doggieadventuresandtraining.com

Puppy Kindergarten Classes: Wednesdays 6:30pm at Tails of Hawaii Honolulu

Basic Obedience Classes: Thursday, March 1, 2012 6:30pm at Tails of Hawaii Honolulu



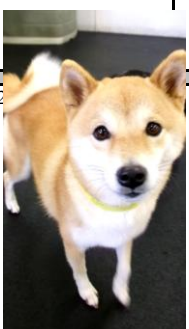
for more information, call (808) 551-7994

Cou-paw-n Sundays

Bring your dog in for play on Cou-paw-n Sundays and receive great weekly cou-paw-n Deals!

Coupawn Sundays starts February 12 & continues every other Sunday

Verify on each coupawn for expiration dates

FEBRUARY 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 11am-2pm POOL DAY Honolulu 6:30pm Puppy Kindergarten Class	2	3	4
5	6 PUPPY TAILS	7	8 11am-2pm POOL DAY Honolulu 6:30pm Puppy Kindergarten Class			
12 COUPAWN DAY	13 PUPPY TAILS	14 Valentine's Dancing Tails (Dance with the Dogs)	15 11am-2pm POOL DAY Honolulu 6:30pm Puppy Kindergarten Class			
19	20 PUPPY TAILS	21	22 11am-2pm POOL DAY Honolulu 6:30pm Puppy Kindergarten Class	23	24	
26 COUPAWN DAY	27 PUPPY TAILS		29 BYOB Bring Your Own Buddy Day 11am-2pm POOL DAY Honolulu 6:30pm Puppy Kindergarten Class			

Feb 1 & 8 – POOL DAY: Assessments

Every other Mondays – PUPPY TAILS: Every other Monday for the month of February, we will hold a two hour puppy play session with activities to encourage healthy socialization. Bring your puppy in for this play group or for his regular day care and sign him up to join the fun designed for our younger friends. Call for more information.

Every other Sundays – COU-PAW-N DAY: Bring your dog in for play on Cou-paw-n Sundays and receive great weekly cou-paw-n Deals! *Coupawn Sundays starts February 12 & continues every other Sunday (Verify on each coupawn for expiration dates)*

February 29 – BYOB: Celebrate Leap year with a friend! BYOB (bring your own Buddy), and get a free play day on Wednesday, Feb 29.

Every Wednesdays – PROPER TAILS: hosted by doggie adventures and training
 Puppy Kindergarten Classes: Wednesdays 6:30pm at *Tails of Hawaii Honolulu*
 Basic Obedience Classes: Thursday, March 1, 2012 6:30pm at *Tails of Hawaii Honolulu*
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